



Profile School Lunch Menu

Student: \$2.60

March 2017

Adult: \$3.50

	Wednesday 3/1	Thursday 3/2	Friday 3/3
	No School	No School	No School
Monday 3/6 Meatless Monday	Tuesday 3/7 Build It Bar	Wednesday 3/8 Classic	Thursday 3/9 Feast!
Cheese Quesadilla Fresh Pico de Gallo Sour Cream Sweet Corn Seasoned Rice Peaches	Seasoned Baked Chicken Breast Whole Grain Bun Choice of toppings Cucumber Salad Fresh Fruit	Spaghetti and Meatballs Garlic Bread Italian Bean Salad Orange Wedges	Roast Turkey with Gravy <i>Maple Glazed Carrots</i> Dinner Roll Fruit Crisp
Monday 3/13 Meatless Monday	Tuesday 3/14 Taco Tuesday	Wednesday 3/15 Cheesy Goodness	Thursday 3/16 National Breakfast Month
Grilled Cheese Tomato Soup Celery Sticks Fresh Fruit	Taco Salad in Crispy Tostado Shell With all The Fixings Fresh Pico de Gallo Refried Beans Cinnamon Apples	Baked Ziti with Marinara Sauce Garlic Breadstick Caesar Salad Fresh Fruit	Whole Grain French Toast <i>New England Maple Ham</i> Home Fries Banana
Monday 3/20 Meatless Monday	Tuesday 3/21 Build It Bar	Wednesday 3/22 Student Favorite	Thursday 3/23 Build It Bar
Cheesy Breadsticks Marinara Sauce Garden Peas Fresh Fruit	Create your own Burrito Choice of Fillings Black Bean and Corn Salad Fresh Pico de Gallo Peach Crisp	Chicken Parmesan Pasta with Sauce Broccoli Florets Fresh Fruit	Beef Burger Whole Grain Bun Choice of toppings <i>Maple Roasted Sweet Potatoes</i> Orange Wedges
Monday 3/27 Meatless Monday	Tuesday 3/28 National Breakfast Month	Wednesday 3/29 Pasta Build It Bar	Thursday 3/30 Comfort Food
Nachos with Cheese Sauce Bean Dip Mexicali Corn Fresh Fruit	Breakfast Bowls Create your own Breakfast Special Choice of Fillings and Toppings Cinnamon Apples	Pasta served with Choice of Sauces and Toppings Parmesan Roll Kale Caesar Salad Fresh Fruit	Chicken Pot Pie Whole Grain Biscuit Garden Salad Fruit Crisp
			Friday 3/31 Melt Down
			Toasted Meatball Melt Tomato Basil Salad Fresh Fruit

Try a Bite/ Harvest of the Month

This month we are featuring **New England Maple Syrup**. Look for it on the lunch menu throughout the month.

National Breakfast Month!

A perfect pairing with the Harvest of the Month.

Healthy Side Bar

Offering a variety of nutritious fruits, legumes and vegetables daily to complement your meal. All meals served with farm fresh milk.

Deli

Fresh Made Deli Sandwiches

Lean meats, cheeses and daily choices of deli salads made to order on whole wheat breads & rolls with fresh veggie toppings. Served with nutritious sides and farm fresh milk.

Market Fresh

Fresh Made Salads & Specialties

Special Entre Salads prepared fresh daily served with fresh whole wheat breads, fruit and milk. Vegetarian options offered daily.

Pizza

Made on site

Whole wheat pizza dough topped with low-fat pizza cheese served with nutritious sides and milk.

Café Express Lunch on the go

Grab-n-Go hot sandwiches made with whole wheat breads and rolls, served with nutritious sides and milk.

Questions or Comments Please
Contact Your
Food Service Director
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Café Services is a proud proponent of the Farm-to-School Initiative. We Buy Local First.

This institution is an equal opportunity provider.