

Profile School Lunch Menu

Student: \$2.60

February 2017

Adult: \$3.50

		Wednesday 2/1 That's Italian	Thursday 2/2 Home Cooking	Friday 2/3 In the Zone
		Chicken Alfredo Parmesan Roll Steamed Broccoli Orange Wedges	American Chop Suey Dinner Roll Peas Maple Glazed Carrots Mixed Fruit	Assorted Calzones Marinara Sauce Garden Salad Fresh Fruit
Monday 2/6 Meatless Monday	Tuesday 2/7 BAM!	Wednesday 2/8 Italian Classic	Thursday 2/9 Build It Bar	Friday 2/10 Old School
Bosco Sticks Marinara Sauce Sweet Peas Fresh Fruit	Buffalo Bites Seasoned Rice Garlic Breadstick Green Beans Banana	Pasta with Meat Sauce Dinner Roll Green Leaf Salad Pears	Create your own Burrito Choice of Meats and Fillings Sweet Corn Orange Wedges	Sloppy Joe on Wheat Bun Roasted Sweet Potatoes Cole Slaw Fresh Fruit
Monday 2/13 Brunching	Tuesday 2/14 Build It Bar	Wednesday 2/15 Anthony's Fave	Thursday 2/16 Chinese New Year	Friday 2/17 Today's Special
Whole Grain French Toast Sticks Baked Ham Roasted Potatoes Applesauce	Build your own Beef Burger Choice of Toppings on Wheat Roll Maple Baked Beans Banana	Spaghetti & Meatballs Garlic Bread Caesar Salad Peaches	<i>Celebrate the Year of the Rooster With an Asian Inspired Buffet</i>	Assorted Flat Bread Pizza Cucumber and Tomato Salad Fresh Apple
Monday 2/20 Build It Bar	Tuesday 2/21 Taco Tuesday	Wednesday 2/22 Mom's Recipe	Thursday 2/23 Home Cooking	Friday 2/24 Diner Style
Build your own Chicken Sandwich Choice of Toppings on Wheat Roll Wedge Cut Fries Fresh Fruit	Soft Tacos w/Taco Fixing's Mexicali Rice Refried Beans Cinnamon Apples	Baked Mac and Cheese Parmesan Roll Kale Caesar Salad Fresh Fruit	Shepard's Pie Whole Grain Biscuit Garden Salad Fruit Crisp	Turkey and Bacon Flatbread Melt Ginger Cabbage and Apple Salad Fresh Fruit
Monday 2/27 Today's Special	Tuesday 2/28 Today's Special			



Winter Break



Questions or Comments Please

Contact Your

Food Service Director

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Fresh Picks Cafe is a division of Café Services™

Café Services is a proud proponent of the Farm-to-School Initiative. We Buy Local First.

USDA is an equal opportunity provider.

Try a Bite/ Harvest of the Month

This month we are featuring **Cabbage**. Look for it on the lunch menu throughout the month.

Chinese New Year

This month we celebrate **Chinese New Year** The Year of the Rooster! With a Chinese Style Buffet!

Healthy Side Bar

Offering a variety of nutritious fruits, legumes and vegetables daily to complement your meal. All meals served with farm fresh milk

Deli

Fresh Made Deli Sandwiches

Lean meats, cheeses and daily choices of deli salads made to order on whole wheat breads & rolls with fresh veggie toppings. Served with nutritious sides and farm fresh milk.

Market Fresh

Fresh Made Salads & Specialties

Special Entrée Salads prepared fresh daily served with fresh whole wheat breads, fruit and milk. Vegetarian options offered daily.

Pizza

Made on site

Whole wheat pizza dough topped with low-fat pizza cheese. New York, Sicilian, French Bread and Calzone styles are offered. Served with nutritious sides and milk.

Café Express

Lunch on the go

Grab-n-Go hot sandwiches made with whole wheat breads and rolls, served with nutritious sides and milk.